
2010

CALENDAR OF COURSES



**Baptist
Hospital**
Rehabilitation Center

Baptist Hospital Medical Arts Building
8940 North Kendall Drive, Suite 102E
Miami, FL 33176-2197

The following courses will be offered through Baptist Hospital's Rehabilitation Center. CEUs will be provided for PTs, OTs and SLPs when appropriate. For more information, please call Judy Kaufman, P.T., Education Coordinator, Rehabilitation Center, at **786-596-3349**.

Kinesiotaping 1 and 2

February 13-14

This lab course covers the four major physiological effects of taping, plus the six corrective techniques: mechanical, functional, space, fascia, ligament/tendon and lymphatic. Completion of this course allows attendees to apply methods to orthopedic and neurologic conditions.

Cost: \$495 up to four weeks prior to course, \$549 after CEUs: 16
Cospponsored with Kinesio Taping Association To register: 1-888-320-TAPE
or kinesiotaping.com

Integrating NDT, SI and Motor Learning Perspectives in Pediatrics

February 27-28

This lab course, presented by Lezlie Adler, will help therapists set realistic goals. It will enhance critical thinking skills to enable therapists to use a systematic approach to treating children with developmental challenges. The focus will be on problem-solving to gain function for children with motor control, sensory processing and behavioral compromise.

Cost: \$425 CEUs: 15
Cospponsored with Education Resources, Inc. To register: 1-800-487-6530 or
educationresources.com

PNF I

March 11-14

This lab course addresses the interrelationship between the neuromuscular, soft tissue and articular systems. It progresses from specific shoulder girdle, pelvic girdle and trunk patterns to weight-bearing postures and movements. Content emphasizes the establishment of efficient motor recruitment patterns for the rehabilitation of neurological and orthopedic patients and post-manipulative techniques.

Cost: \$625 CEUs: 28.5
Cospponsored with The Institute of Physical Art To register: 1-970-870-9351 or
instituteofphysicalart.com

Feeding Frustrations: Innovative Strategies That Work

November 6-7

This course will discuss the interplay between oral-motor, gastrointestinal and respiratory systems. Participants will be able to select and perform appropriate pediatric assessments in clinical and instrumental evaluations. They will also develop and implement holistic treatment plans that include nutrition, behavior management and normalization of sensation. Participants will determine the most effective intervention based on research evidence and the pros and cons of various oral-motor treatment approaches.

Cost: \$425 CEUs: 14
Cospponsored with Education Resources, Inc. To register: 1-800-487-6530

Vestibular Rehabilitation: Evaluation and Management of Individuals With Dizziness and Balance Disorders

November 12-14

Days one and two will focus on the assessment and treatment of patients with vertigo and disequilibrium from vestibular causes. Day three will focus on cervicogenic dizziness. Specific emphasis will be placed on the assessment and treatment of unilateral and bilateral vestibular hypofunction, benign paroxysmal positioning vertigo, central vestibular disorders and multisensory dizziness. This information is applicable to a large patient population, including geriatric patients as well as individuals with CNS lesions such as MS, CVA and head injuries.

Cost: \$425 for two days, \$595 for three days CEUs: 13.5 for two days, 6
for day three
Cospponsored with Education Resources, Inc. To register: 1-800-487-6530

Keys to Progressing Care of the ICU Patient: Bed Rest a Thing of the Past

April 10

This course helps professionals effectively manage patients in the ICU. Time will be spent looking at the evidence for rehab in the ICU as well as understanding the ICU environment, including management of various lines and equipment. The course also accentuates an evidence-based approach to managing patients with deep-vein thrombosis and helps the practitioner understand the clinical relevance of telemetry and EKGs. The course will emphasize the response-dependent approach to management of these patients.

Cost: \$210 early registration, \$240 up to 1 month before CEUs: 8

Cosponsored with Professional Therapy Seminars To register: 1-314-985-5608 or ptseminars.com

Discovering Handwriting Success

April 17

This course will help practitioners understand how to screen for and evaluate the underlying components related to handwriting success and identify what aspects of handwriting are affected by the specific skill areas. In addition, participants will learn multisensory strategies and accommodations to utilize when teaching handwriting regardless of the program being implemented.

Cost: \$305 (\$255 if member of APTA, AOTA or ASHA) CEUs: 8

Cosponsored with Motivations, Inc. To register: 1-800-791-0262 or motivationsceu.com

What's New in Pediatrics: Best Practices in the Treatment of the Child and Various Neurologic Disorders

April 24-25

This course will help therapists select and prioritize the most appropriate treatment strategies for infants, toddlers and other young children with neurologic challenges and other special needs. They will become familiar with and select from new approaches, including MOVE, conductive education, compression garments, MEDEK and TAMO. The focus will be on children with cerebral palsy and severe motor impairments, as well as others with positioning and mobility challenges.

Cost: \$425 CEUs: 13

Cosponsored with Education Resources, Inc. To register: 1-800-487-6530 or educationresources.com

Strain/Counterstrain 1 for the Spine

May 14-16

SCS1 focuses on spinal dysfunction. Lectures and extensive lab time are spent on the cervical spine, thoracic spine, lumbar spine, ribs, pelvis and sacrum. Emphasis is placed on developing palpatory and hands-on treatment skills to enhance the students'

effectiveness with the techniques. Upon completion of the course, participants will know how to perform a full-body evaluation and documentation. More than 85 techniques are taught throughout the course.

Cost: \$595 up to three weeks prior to course, \$645 after CEUs: 20

Cosponsored with the Jones Institute To register: 1-760-942-0647 or jiscs.com

Rehabilitation for People With Dementia: Making Therapy Worth It

May 22-23

This seminar provides participants with specific evaluation and treatment strategies critical to improving outcomes for this challenging and rapidly growing patient population. Included are comprehensive strategies that address gait disorders, balance and falls, ADL's, mobility, hip fractures, strength/ROM, common eating and nutritional problems, cardiopulmonary and pain issues, seating and positioning, restraints, management of behavioral problems, sensory stimulation and innovative dementia programs.

Cost: \$495 CEUs: 20

Cosponsored with GREAT Seminars and Books To register: 1-877-79-GREAT (794-7328) or GREATSeminars@aol.com

Level 1 Osteoporosis: A Comprehensive Treatment Strategy

July 17-18

This course presents a comprehensive approach to the management of patients with osteoporosis, osteopenia and postural problems, and is also useful for spinal stenosis and back pain.

Cost: \$400 up to six weeks prior to course, \$425 three CEUs: 17.5
to six weeks prior, and \$450 up to three weeks prior

Cosponsored with Sara Meeks Seminars To register: 1-888-330-7272 or sarameekspt.com

Evaluation and Treatment of Temporomandibular Disorders

July 24-25

This course, presented by Steve Kraus, P.T., will present an overview of clinical anatomy of the TMJ preceding a discussion of common disorders of the TMJ and masticatory muscles. An evidence-based physical exam for diagnosis will be discussed and practiced in the lab. Nonsurgical management by the PT will be reviewed, as well as the rationale for oral appliances. Indications for arthrocentesis, arthroscopy and arthrolysis for disc displacements will be discussed, followed by postsurgical PT management.

Cost: \$395 CEUs: 15

Cosponsored with Steve Kraus, P.T., OCS, MTC, CCTT To register: tmdstevekraus.com

“Say No to Plateau:” Evidence-based Concepts in Neuro Rehab for the Patient With Hemiparesis

July 31-August 1

This course will present current concepts of neuroplasticity, motor learning and principles of effective therapeutic exercise and teach how to apply them to patient treatment. Current therapeutic interventions that utilize these concepts are presented and analyzed. Objective tests and measurements for documentation and reimbursement are taught and practiced. This course is a mix of lecture, demonstration, discussion, videotape case presentations and hands-on practical work.

Cost: \$350 before July 15, \$375 after

CEUs: 15

Cosponsored with the Dogwood Institute

To register: 1-800 533-2440 or
dogwoodinstitute.com

McKenzie Part B: Mechanical Diagnosis and Therapy of the Cervical and Thoracic Spine

September 24-26

This course offers lectures and labs focusing on the pathophysiology and biomechanics of the cervical and thoracic spine. The three syndromes are reviewed. Cervical headaches and “whiplash” are discussed, including complications, contraindications and outcomes. Prerequisite: Completion of Part A.

Cost: \$435

CEUs: 23

Cosponsored with the McKenzie Institute.

To register: 1-800-635-8380 or
McKenzieMDT.org

16th Annual Brain Injury Symposium

October 9-10

This annual event highlights renowned speakers presenting a variety of topics of interest to clinicians working with the brain-injured populations.

Presented by Baptist Hospital Brain Injury Program

For more information, call Judy Kaufman, P.T., at 786-596-3349

Acute Care Rehabilitation

October 16-17

This seminar provides a current update on the latest information on rehabilitation in the acute care setting. Participants will be able to effectively execute neurological, orthopedic and cardiopulmonary rehab in three days when the patient is unable. This course also teaches participants to produce correct documentation and formulate the most appropriate and efficient evaluation and treatment plans, as well as make recommendations for discharge planning using evidence-based medicine. Participants will develop skills in reading EKGs, describe absolute and relative contraindications for rehab intervention, practice “serial examination” and apply safe decision-making techniques.

Cost: \$495

CEUs: 20

Cosponsored with GREAT Seminars and Books.

To register: 1-877-794-7328 or
GREATseminars@aol.com

Driving Neuroplastic Change in Stroke Survivors: Leading-edge Treatments, Tools and Strategies

March 13-14

This course, presented by Stephen Page and Peter Levine, will provide participants with information on how to select and implement the most appropriate treatment strategies, including modified Constraint Induced Therapy, video-assisted gaming technology, Neuromove, Bioness and motor imagery techniques.

Cost: \$425

CEUs: 15

Cosponsored with Education Resources

To register: 1-800-487-6530 or
educationresources.com

McKenzie Part A: Mechanical Diagnosis and Therapy of the Lumbar Spine

March 18-21

This course discusses epidemiology and predisposing factors, chemical versus mechanical pain, examination and treatment, postural dysfunction and derangement syndromes, anatomy and biomechanics, the intervertebral disc, prophylaxis and contraindications and patient demonstration.

Cost: \$565

CEUs: 28

Cosponsored with the McKenzie Institute

To register: 1-800 635-8380 or
McKenzieMDT.org

Cardiovascular Disease: Implications for the Physical and Occupational Therapist

March 20-21

This course emphasizes key considerations applicable to the PT and OT in effectively managing patients with cardiovascular disease. Disease processes will be presented with specific reference to their etiology, pathology and current medical management. Evaluation strategies, organized clinical decision-making and effective treatment techniques will be emphasized.

Cost: \$ 350 early registration, \$385 up to 1 month before

CEUs: 13

Cosponsored with Professional Therapy Seminars

To register: 1-314-985-5608 or
ptseminars.com
