



**Congregational Health
Care Teams Program
Post-Hospitalization
Spiritual and Practical Care Course
in Spanish
Winter 2010**

Working together for a healthy community

Working together for a healthy community

The Congregational Health Care Teams Program

Research has documented that spiritual support to persons in health crises significantly improves the quality of life, the recovery time, the medical outcomes and the overall well-being of the patient.

Under the “managed care” system, many hospitalized patients return to their homes less well and more needy than they are comfortable with, and in some cases increasing the risk of readmission. Most surgical procedures are now done on an outpatient basis and patients return home without having received spiritual support.

The **Congregational Health Care Teams Program** offers partnering congregations, a model of home visitation and a system of care team ministries to provide practical and spiritual support to patients recovering from an illness. The Care Teams’ vision —through the Post-Hospitalization Spiritual and Practical Care Course— is to strengthen the ability of the congregational health ministries to provide practical care and spiritual support to persons who have been recently discharged.

OBJECTIVES

- ◆ Participants will develop personal, interpersonal and spiritual identities and awareness related to caregiving.
- ◆ Participants will develop self-confidence in providing appropriate and effective spiritual care.
- ◆ Participants will develop foundational skills for their actual visits to client’s homes
- ◆ Participants will demonstrate the ability to organize care teams in their faith community.
- ◆ Participants will demonstrate the ability to establish and abide by healthy and appropriate boundaries as caregivers.



The Post-Hospitalization Spiritual and Practical Care Course Agenda

I Workshop: Saturday, Jan. 16; 8:30 a.m. - 4:30 p.m.

Introduction to the PHSC program and process

What's spiritual care

Core spiritual experience

Getting in touch with your own spiritual temperature

Developmental stages of emotional and spiritual growth

II Workshop: Saturday, Jan. 23; 8:30 a.m. - 4:15 p.m.

How to make referrals to community resources

Spirituality and patient care

Spiritual assessment

Correlation between health and spirituality

Effective home visit and confidentiality

Active listening

Reconciling cure and healing

III Workshop: Saturday, Jan. 30; 8:30 a.m. - 3:45 p.m.

Holistic model of spiritual assessment

Caregiver boundaries

Care teams: theory and praxis

Connecting the patient's story to scripture



The Post-Hospitalization Spiritual and Practical Care Course - Speakers

Dale Young, M.Div., BCC



Since 1997 Young has been the director of Congregational Health. He previously served as senior chaplain at Miami Children's Hospital and staff chaplain at Baptist Hospital of Miami. Young is Board Certified through the Association of Professional Chaplains.

Shirley Brown, M.Div., BCC



Brown serves as the community health chaplain of CH. She served in hospitals, hospice and prison ministries providing emotional and spiritual support to patients and families. She is a clinical member of the Association for Clinical Pastoral Education and Board Certified through the Association of Professional Chaplains.

Guillermo Escalona, M.Div., BCC, CT



Escalona is the director of pastoral education of Baptist Health. He has served as chaplain and psychosocial supervisor with VITAS hospice; as a director of pastoral care for a state prison and as a pastor in Florida and Texas. He has a degree in Public Administration.

Ana Dapelo, LCSW, MHA, CCM



Dapelo has been the clinical supervisor of Care Management of Baptist Hospital since 2002. Dapelo enhances our course with her expertise in the social work field providing participants with tools and knowledge on how to make referrals.

Sara Leno, RN, BSN



Leno has been working for Baptist Home Care since 1986 as a registered nurse. Her years of experience in home nursing are shared in the PHSC course through her presentation: home visitation and confidentiality.



Ruth: A true story

By Dale Young

Ruth worried about how she would take care of herself after her release from the hospital. Her heart surgery went very well for someone of 69 years of age and all her needs were taken care of during her hospital stay: hygiene, wound care, pain relief, meals, cleaning service, social and spiritual support. Ruth lived alone and the thought of going home provoked more anxiety than she had felt going into surgery.

“How am I going to cook a meal or drive to get groceries, if I can’t even get to the bathroom on my own?” She worried.

Then a social worker, during discharge planning, suggested a solution: a congregation in her neighborhood had a Care Teams Health Ministry that provided support for people who had recently been released from the hospital. Ruth consented to the referral, received a consultation from the Care Teams Coordinator, and was pleasantly surprised to learn that they could bring her meals, run errands and give her rides to the doctor during her recovery time.

The social worker had referred Ruth to one of the congregations in the Miami-Dade area that have organized a Care Teams Health Ministry in partnership with the Congregational Health of Pastoral Care Services at Baptist Health South Florida.

Congregational Health has developed a unique model of post-hospitalization practical and spiritual support that grew out of the ten years experience of congregation-based health ministries.



ABOUT THE COURSE

Course schedule

- ◆ This is a 24-hour course offered during three Saturdays from 8:30 a.m. - 4:30 p.m. The course is programmed twice a year.

Participants

- ◆ Participants must have their clergy endorsement to participate in the course.
- ◆ Participation during all three Saturday classes is expected.

Location, fee and payment

- ◆ The classes will be held at: South Miami Hospital, Victor Clarke Center for Health Education , classroom E, 6200 SW 73 St., Miami, FL 33143
- ◆ \$75.00 for the participation of up to 4 people. This fee is applicable only to congregations participating for the first time.
- ◆ Check payable to: **Baptist Health South Florida**
- ◆ Send check to: 8900 N. Kendall Dr., Miami, FL 33176
- ◆ Congregations participating after their initial enrollment, may send up to four people at no additional cost.
- ◆ Participants will receive materials, breakfast and lunch.

Credits

- ◆ CEU's will be provided for nurses and social workers. Details to be announced.

Learning experience

- ◆ The didactic method will include: role plays, case studies, group exercises and lecture.



PHSC-SPA REGISTRATION FORM - WINTER 2010

Last name First Name
[] Mr. [] Mrs. [] Ms. [] Rev. [] Dr. [] Other _____

Mailing address

City State Zip Code

Home phone Cellular phone

Email

Congregation name

Congregation's mailing address

City State Zip Code

Clergy name Phone number

Applicant's signature

Clergy's signature

Deadline: January 8, 2010

For more information: 786-594-6360

Please send the application via:

- Fax: 786-573-6088
- Mail: 8900 N. Kendall Dr., Miami, FL 33176

Dietary special request:

- Vegetarian



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