



Congregational Health  
**Care Teams Program**  
Post-Hospitalization  
Spiritual and Practical Care Course  
Fall 2010

Working together for a healthy community

**Working together for a healthy community**

## **The Congregational Health Care Teams Program**

**R**esearch has documented that spiritual support to persons in health crises significantly improves the quality of life, the recovery time, the medical outcomes and the overall well-being of the patient.

Under the “managed care” system, many hospitalized patients return to their homes less well and more needy than they are comfortable with, and in some cases increasing the risk of readmission. Most surgical procedures are now done on an outpatient basis and patients return home without having received spiritual support.

The **Congregational Health Care Teams Program** offers partnering congregations, a model of home visitation and a system of care team ministries to provide practical and spiritual support to patients recovering from an illness. The Care Teams Program’s vision —through the Post-Hospitalization Spiritual and Practical Care Course— is to strengthen the ability of the congregational health ministries to provide practical care and spiritual support to persons who have been recently discharged.

### **Objectives**

- ◆ Participants will develop personal, interpersonal and spiritual identities and awareness related to caregiving.
- ◆ Participants will develop self-confidence in providing appropriate and effective spiritual care.
- ◆ Participants will develop foundational skills for their actual visits to client’s homes
- ◆ Participants will demonstrate the ability to organize care teams in their faith community.
- ◆ Participants will demonstrate the ability to establish and abide by healthy and appropriate boundaries as caregivers.

## **The Post-Hospitalization Spiritual and Practical Care Course Agenda**

### **I Workshop: Saturday, Sep. 25; 8:30 a.m. - 4:30 p.m.**

Introduction to the PHSC program and process  
What's spiritual care  
Core spiritual experience  
Getting in touch with your own spiritual temperature  
Developmental stages of emotional and spiritual growth

### **II Workshop: Saturday, Oct 2; 8:30 a.m. - 4:15 p.m.**

How to make referrals to community resources  
Spirituality and patient care  
Spiritual assessment  
Correlation between health and spirituality  
Effective home visit and confidentiality  
Active listening  
Reconciling cure and healing

### **III Workshop: Saturday, Oct 16; 8:30 a.m. - 3:45 p.m.**

Holistic model of spiritual assessment  
Caregiver boundaries  
Care teams: theory and praxis  
Connecting the patient's story to scripture

**Elective courses: to be announced**

## **The Post-Hospitalization Spiritual and Practical Care Course Speakers**

### **Dale Young, D.Min, BCC**



Since 1997 Young has been the director of Congregational Health. He previously served as senior chaplain at Miami Children's Hospital and staff chaplain at Baptist Hospital of Miami. Young is Board certified through the Association of Professional Chaplains and Doctor in Ministry.

### **Shirley Brown, M.Div., BCC**



Brown, senior community health chaplain and pastoral educator of Congregational Health, served in hospitals, hospice and prison ministries providing emotional and spiritual support. She is a clinical member of the Association for Clinical Pastoral Education and Board certified through the Association of Professional Chaplains.

### **Renato Santos, M.Div., BCC, PC**



Santos has been the director of Pastoral Care Services of Baptist Hospital since 1997 overseeing spiritual and religious support services for patients, employees and their families. He is a clinical member with the Association for Clinical Pastoral Education and Board certified through the Association of Professional Chaplains.

### **Linda Dalrymple, RN**



Dalrymple has been working for Baptist Home Care since 1990 as a registered nurse. Her years of experience in home nursing are shared in the Post-Hospitalization Spiritual Care course through her presentation: home visitation and confidentiality.

### **Ana Dapelo, LCSW, MHA, CCM**



Dapelo has been the clinical supervisor of Care Management of Baptist Hospital since 2002. Dapelo enhances our course with her expertise in the social work field providing participants with tools and knowledge on how to make referrals.

## **Ruth: A true story**

*By Dr. Dale Young*

**R**uth worried about how she would take care of herself after release from the hospital. Her heart surgery went very well for someone of 69 years of age and all her needs were taken care of during her hospital stay: hygiene, wound care, pain relief, meals, cleaning service, social and spiritual support. Ruth lived alone and the thought of going home provoked more anxiety than she had felt going into surgery.

“How am I going to cook a meal or drive to get groceries, if I can’t even get to the bathroom on my own?” She worried.

Then a social worker, during discharge planning, suggested a solution: a congregation in her neighborhood had a Care Teams Health Ministry that provided support for people who had recently been released from the hospital. Ruth consented to the referral, received a consultation from the Care Teams Coordinator, and was pleasantly surprised to learn that they could bring her meals, run errands and give her rides to the doctor during her recovery time.

The social worker had referred Ruth to one of the congregations in the Miami-Dade area that have organized a Care Teams Health Ministry in partnership with the Congregational Health of Pastoral Care Services at Baptist Health South Florida.

Congregational Health has developed a unique model of post-hospitalization practical and spiritual support that grew out of the ten years experience of congregation-based health ministries.

## ABOUT THE COURSE

### Course schedule

- ◆ This is a 24-hour course offered during three Saturdays from 8:30 a.m. - 4:30 p.m. The course is programmed twice a year.
- ◆ Participants are encouraged to attend up to three elective courses. The themes and date will be decided in the third class by the group.

### Participants

- ◆ Participants must have their clergy endorsement to participate in the course.
- ◆ Participation during all three Saturday classes is expected.

### Location, fee and payment

- ◆ \$75.00 for the participation of up to 4 people. This fee is applicable only to congregations participating for the first time. Congregations participating after their initial enrollment, may send up to four people at no additional cost.
- ◆ Check payable to: **Baptist Health South Florida**. Send check to: 8500 SW 117 Ave, Third Floor, Box "6", Miami, FL 33183.
- ◆ **The classes will be held at:**  
Baptist Hospital, South Building, Third Floor, Classroom 4  
8900 North Kendall Drive, Miami, FL 33176
- ◆ Participants will receive materials, certificate, breakfast and lunch.

### Credits

- ◆ 17.5 CEU's will be provided for nurses (RN, LPN, ARNP)

### Learning experience

- ◆ The didactic method will include: role plays, case studies, group exercises and lecture.

**PHSC REGISTRATION FORM - FALL 2010**

\_\_\_\_\_  
Last name First Name  
[ ] Mr. [ ] Mrs. [ ] Ms. [ ] Rev. [ ] Dr. [ ] Other \_\_\_\_\_

\_\_\_\_\_  
Mailing address

\_\_\_\_\_  
City State Zip Code

\_\_\_\_\_  
Home phone Cellular phone

\_\_\_\_\_  
Email

\_\_\_\_\_  
Congregation name

\_\_\_\_\_  
Applicant's signature

\_\_\_\_\_  
Clergy's signature

**Registration deadline: Sep. 20**

**For more information:** 786-594-6360

**Send application:**  Fax: 786-594-6750

**Mail:** 8500 SW 117 Ave., Third Floor, Box "6"  
Miami, FL 33183

**Dietary special request:**  Vegetarian

**Dates:** Sep. 25, Oct. 2 and 16 ■ **Time:** 8:30 a.m. - 4:30 p.m.

**Location:** Baptist Hospital

South Building, third floor, classroom 2  
8900 North Kendall Dr. Miami, FL 33176

**Space is limited!**

**Congregational Health  
Care Teams Program**  
*An organized way to share the care*

**Post-Hospitalization Spiritual and Practical  
Care Course**

**Fall 2010**

**[baptisthealth.net/ch](http://baptisthealth.net/ch)**

