

The Congregational Health
Bereavement Program



**Congregational
Health
Bereavement
Resource Guide
2009**

Supporting bereavement
in faith communities

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The Congregational Health Bereavement Program

The **Congregational Health Bereavement Program** is an extension of the Congregational Health department of Baptist Health South Florida. The vision is to create a network of bereavement support groups in faith settings throughout our community. Persons who are grief-stricken can be referred by professionals (such as doctors, chaplains and social workers) to appropriate cultural and religious support groups in our network.

Bereavement support in the faith community recognizes the cultural diversity of grief responses in the Miami-Dade area, as well as the importance of the faith and spiritual community in coping with grief.

Congregational Health Bereavement Referral Guide Process

The following information provides details about the various faith-based bereavement groups and programs offered in the community. Our trained faith-based bereavement facilitators offer their services for free through two different ways:

Bereavement Support Groups: this is a gathering of people seeking to address their grief with the support of others also experiencing grief. Some of these groups are focused on specific concerns (such as for parents; while others are general groups for everyone). Some of the groups are closed, meaning that the same group meets for a set number of times. Other groups are open, meaning that anyone can begin attending at any time and stop at any time.

Bereavement Personal Support: this is one-on-one service. This is for grieving people who are not comfortable in a group setting or are not able to find a suitable group setting. This is not counseling. In this program, facilitators stay in touch with people in grief by phone, sending cards, meeting over lunch, etc.

Following are some suggestions for selecting the group or program that best meets your needs:

1. Pick a group that appeals to you based on a certain geographical location, a particular denomination, a particular language, a group that identifies with a particular culture, etc.
2. Call the contact person at the number indicated to let them know that you are interested in participating and to double check on the time and location of their program or group meetings.
3. Participate in the meeting to see for yourself if it is what you are looking for.



BEREAVEMENT SUPPORT GROUPS



BEREAVEMENT SUPPORT GROUP

CATHOLIC

Good Shepherd Catholic Church

Contact person (Spanish speaking)	Blanca Zayas Phone(s): 305-386-5598
Address	14187 SW 72 St. Miami, FL 33183
Date of meeting	Every third Wednesday 8:15 p.m. School of the parish, room 106
Cultural grouping	Hispanic
Notes	

BEREAVEMENT SUPPORT GROUP

CATHOLIC

Immaculate Conception Catholic Church

Contact person (Spanish speaking)	Susan Teran Phone(s): 305-321-6202
Address	4497 West First Ave. Hialeah, FL 33012
Date of meeting	Call for information
Cultural grouping	Multicultural
Notes	Bereavement personal support is also offered in English and Spanish.

BEREAVEMENT SUPPORT GROUP

JEWISH

Temple Samu-El Or Olom

Contact person (English speaking)	Phyllis Koss Phone(s): 305-588-1375 phyllismsw@aol.com
Address	10680 SW 113 Pl. Miami, FL 33176
Date of meeting	Every second and fourth Wednesday 7:30 - 9 p.m.
Cultural grouping	Jewish
Notes	When Kaddish in not enough, you don't have to grieve alone when you lose a loved one finding comfort in our community.

BEREAVEMENT SUPPORT GROUP

PROTESTANT

Central Christian Church

Contact person (Spanish speaking)	Vivian Lozada Phone(s): 786-271-6739
Address	222 Menores Ave. (SW 15 St.) Coral Gables, FL 33134
Date of meeting	Every third Wednesday 7 p.m. Fellowship hall. Follow the signs.
Cultural grouping	Hispanic
Notes	

BEREAVEMENT SUPPORT GROUP

PROTESTANT

Church of God of Prophecy (Center of Hope)

Contact person (English speaking)	Margaret Davis Phone(s): 305-238-5018
Address	Call for information
Date of meeting	Every Friday
Cultural grouping	
Notes	

BEREAVEMENT SUPPORT GROUP

PROTESTANT

Covenant Missionary Baptist Church

Contact person (English speaking)	Dorothy White Phone(s): 305-238-7897
Address	1055 NE 6 Ave. Florida City, FL 33034
Date of meeting	Every third Saturday 10 - 11 a.m.
Cultural grouping	Afro-American
Notes	Offers Bereavement Personal Support

BEREAVEMENT SUPPORT GROUP

PROTESTANT

Episcopal Church of the Ascension

Contact person (English speaking)	Helen Bhagwandin Phone(s): 305-238-5151
Address	11201 SW 160 St. Miami, FL 33157
Date of meeting	Every second Monday 7 p.m.
Cultural grouping	Multicultural
Notes	They offer an end of year (Advent time) memorial candle light service for the families.

BEREAVEMENT SUPPORT GROUP

PROTESTANT

First Baptist Church of Key Largo

Contact person (English speaking)	Joyce Nealy Phone(s): 305-451-5843 305-394-2676
Address	MM99 (across Taco Bell) Fellowship Hall, room 16 Key Largo, FL 33037
Date of meeting	Call for information.
Cultural grouping	European-American
Notes	Bereavement support group for people who have lost a loved one in violent death.

BEREAVEMENT SUPPORT GROUP

PROTESTANT

First Saint John Missionary Baptist Church

Contact person (English speaking)	Mabelene Nesbitt Phone(s): 305-301-9513
Address	13740 SW 264 St. Naranja, FL 33032
Date of meeting	Call for information
Cultural grouping	
Notes	

BEREAVEMENT SUPPORT GROUP

PROTESTANT

Iglesia Ejecutiva Bautista

Contact person (Spanish speaking)	Jose Flores Phone(s): 305-303-9498
Address	6967 SW 24 St. Miami, FL 33155
Date of meeting	<i>"Amor en Acción"</i> Every Wednesday 8 p.m.
Cultural grouping	Hispanic
Notes	<ul style="list-style-type: none">• Offers bereavement personal support.

BEREAVEMENT SUPPORT GROUP

PROTESTANT

Martin Memorial AME Church

Contact person (English speaking)	Mary Johnson Phone(s): 305-254-6850 305-968-4871
Address	14700 Lincoln Blvd. Miami, FL 33176
Date of meeting	Every third Tuesday 6 - 7 p.m.
Cultural grouping	Multicultural
Notes	

BEREAVEMENT SUPPORT GROUP

PROTESTANT

Miami Temple Seventh Day Adventist

<p>Contact person (Spanish & English speaking)</p>	<p>Maria Gough (Spanish) George Gough (English) Phone(s): 786-242-1419 (home) 786-277-9522 (cellular Spanish) 786-286-5504 (cellular English)</p>
<p>Address</p>	<p>9175 SW 44 St. Miami, FL 33165</p>
<p>Date of meeting</p>	<p><i>"Oasis"</i> Every first Thursday in Spanish Every third Thursday in English 7 p.m.</p>
<p>Cultural grouping</p>	<p>Multicultural</p>
<p>Notes</p>	<p>They may also:</p> <ul style="list-style-type: none"> • Offer bereavement personal support, if necessary. • Support to mothers who lost their children • Visit the person at home.

BEREAVEMENT SUPPORT GROUP

PROTESTANT

Mt. Moriah Missionary Baptist Church

Contact person (English speaking)	Rose Miller-Shepp Phone(s): 305-253-1693
Address	16900 SW 100 Ave. Perrine, FL 33157
Date of meeting	<i>"Mt. Moriah Bereavement/Survivor's Care Group"</i> Every Saturday 7 - 8 p.m.
Cultural grouping	African-American
Notes	

BEREAVEMENT SUPPORT GROUP

PROTESTANT

New Bethel AME Church

Contact person (English speaking)	Leoni Campbell-Goodluck Phone(s): 305-254-3454
Address	11695 SW 220 St. Goulds, FL 33170
Date of meeting	Every fourth Saturday of every month.
Cultural grouping	Multicultural
Notes	

BEREAVEMENT SUPPORT GROUP

PROTESTANT

Old Cutler Presbyterian Church

Contact person (English speaking)	Jan Moggio Phone(s): 305-238-8121 Ext.: 320
Address	Prayer Chapel 14401 Old Cutler Rd. Miami, FL 33158
Date of meeting	Every Thursday 7 - 8:30 p.m.
Cultural grouping	Multicultural
Notes	

BEREAVEMENT SUPPORT GROUP

PROTESTANT

Príncipe de Paz Lutheran Church

Contact person (Spanish speaking)	Myriam Benitez Phone(s): 786-357-7647 (cellular) 305-226-1612 (work) 305-380-7271 (home)
Address	6375 West Flagler St. Miami, FL 33144
Date of meeting	<i>"Ministerio del Consuelo"</i> Every second and fourth Tuesday 7 - 9 p.m.
Cultural grouping	Multicultural
Notes	They may also: <ul style="list-style-type: none"> • Offer bereavement personal support, if necessary. • Support to mothers who lost their children • Visit the person at home.

BEREAVEMENT SUPPORT GROUP

PROTESTANT

St. John AME Church

Contact person (English speaking)	Rev. Gillian Turner Phone(s): 305-720-6389
Address	6461 SW 59 PI Miami, FL 33143
Date of meeting	Every Wednesday after the second Sunday. 7 - 8 pm.
Cultural grouping	Afro-American
Notes	Support general bereavement and bereaved parents.

BEREAVEMENT SUPPORT GROUP

PROTESTANT

St. Luke's the Physician Episcopal Church

Contact person (English speaking)	Carmen Chang Phone(s): 305-279-2465 (church) 305-505-0935 (c)
Address	12355 SW 104 St. Miami, FL 33186
Date of meeting	<i>Whispers from the Heart</i> Every second Thursday 9:30 a.m.
Cultural grouping	Multicultural
Notes	They may also: <ul style="list-style-type: none">• Offer bereavement personal support, if necessary.

BEREAVEMENT SUPPORT GROUP

PROTESTANT

St. Peter's Missionary Baptist Church

Contact person (English speaking)	Emma Sumpter Phone(s): 305-255-0437 (h) 305-613-3737 (c)
Address	20110 SW 114 Ave. Miami, FL 33189
Date of meeting	<i>Support of Souls in Grief</i> Every third Monday 7 p.m.
Cultural grouping	Multicultural
Notes	They offer support: <ul style="list-style-type: none">• Widows• Divorcees Www.soulsingrief.com

BEREAVEMENT SUPPORT GROUP

PROTESTANT

Tabernacle Seventh Day Adventist Church

Contact person (English speaking)	Roosevelt James Phone(s): 954-718-5652
Address	8017 NE Second Ave. Miami, FL 33138
Date of meeting	Every Wednesday 7 p.m.
Cultural grouping	Multicultural
Notes	They may also: <ul style="list-style-type: none">• Support seniors through grief education and attend funerals to offer grief support to bereaved families.



BEREAVEMENT PERSONAL SUPPORT



BEREAVEMENT PERSONAL SUPPORT

CATHOLIC

Christ the King Catholic Church

Contact person (English speaking)	Joan Lyons Phone(s): 305-235-0644
Address	Call for information
Date of meeting	Call for information
Cultural grouping	Multicultural
Notes	

BEREAVEMENT PERSONAL SUPPORT

CATHOLIC

Church of the Little Flower

Contact person (English speaking)	Katie Dunn Phone(s): 305-446-9950
Address	2711 Indian Mound Trail Coral Gables, FL 33134
Date of meeting	Call for information
Cultural grouping	Multicultural
Notes	<ul style="list-style-type: none">• Pre-holiday bereavement support groups

BEREAVEMENT PERSONAL SUPPORT

CATHOLIC

Sacred Heart Catholic Church

Contact person (English speaking)	Teri and Bob Picken Phone(s): 305-257-4106 jtkirk1701@comcast.net
Address	Call for information
Date of meeting	Call for information
Cultural grouping	Multicultural
Notes	

BEREAVEMENT PERSONAL SUPPORT

CATHOLIC

Saint John Neumann Catholic Church

Contact person (English speaking)	Lorna Fyffe Phone(s): 305-270-8632 305-934-0709 (cellular)
Address	12125 SW 107 Ave. Miami, FL 33176
Date of meeting	Call for information
Cultural grouping	Multicultural
Notes	

BEREAVEMENT PERSONAL SUPPORT

NON-DENOMINATIONAL

Local Spiritual Assembly of the Bahai

Contact person (English speaking)	Agnes Sheffy Phone(s): 305-431-3923
Address	Call for information
Date of meeting	Call for information
Cultural grouping	
Notes	

BEREAVEMENT PERSONAL SUPPORT

NON-DENOMINATIONAL

Unitarian Universalist Congregation of Miami

Contact person (English speaking)	Alice Lingswiler Phone(s): 305-667-3697 (church) 305-221-0843 (home)
Address	7701 SW 76 Ave. Miami, FL 33143 Emerson room
Date of meeting	<i>"The Grief Support Group"</i> Every first Sunday 1:15 p.m.
Cultural grouping	Multicultural
Notes	

BEREAVEMENT PERSONAL SUPPORT

NON-DENOMINATIONAL

Unity Center of Miami

Contact person (English, Creole & French speaking)	Cheryl Pestaina Chryl-Ann Forbes Phone(s): 305-232-9503
Address	16320 SW 147 Ave. Miami, FL 33187
Date of meeting	Call for information
Cultural grouping	Multicultural
Notes	<ul style="list-style-type: none">• Annual Memorial Ceremony TBA

BEREAVEMENT PERSONAL SUPPORT

PROTESTANT

Christ the King Lutheran Church

Contact person (English speaking)	Sandy Vanden Phone(s): 305-666-4807
Address	11295 SW 57 Ave. Miami, FL 33156
Date of meeting	Call for information
Cultural grouping	
Notes	

BEREAVEMENT PERSONAL SUPPORT

PROTESTANT

Crossbridge Church

Contact person (English speaking)	Elaine Brockhouse Phone(s): 305-235-7765
Address	Call for information
Date of meeting	Call for information
Cultural grouping	European-American
Notes	

BEREAVEMENT PERSONAL SUPPORT

PROTESTANT

Greater New Mount Zion AME

Contact person (English speaking)	Patricia Davis Betty McNichols Phone(s): 305-245-8761
Address	890 SW Fourth St. Homestead, FL 33030
Date of meeting	Call for information
Cultural grouping	Multicultural
Notes	

BEREAVEMENT PERSONAL SUPPORT

PROTESTANT

Iglesia Bautista Dios te Ama

Contact person (Spanish speaking)	Ernesto Alfonso Phone(s): 305-409-6544
Address	767 East 56 St. Hialeah, FL 33013
Date of meeting	Call for information
Cultural grouping	Multicultural
Notes	

BEREAVEMENT PERSONAL SUPPORT

PROTESTANT

Iglesia Bautista Nueva Esperanza

Contact person (Spanish & English speaking)	Sergio and Monika Martin Phone(s): 305-273-7129
Address	12313 SW 112 St. Miami, FL 33186
Date of meeting	Call for information
Cultural grouping	Multicultural
Notes	

Only You Can Journey Through

Poem by Rev. Dale A. Young

Tears of anguish.
Tears of loss.
Across the profound chasm
Of emotion and miles,
I feel your pain.

Tears of loss
Tears of confusion
You've cried them before
As you had to struggle
Through your grief
Like a distant lonely island.

Tears of confusion
Tears of rage
Tears shed for loss upon loss.
So many raw wounds beg to be healed,
Wounds you dare not open now,
On this bitter bed of sorrow.

Tears of rage
Tears of grief.
If I could only embrace your pain,
I would hold you until your trembling cease.
I would warm you like a sunny afternoon.
But your grief is beyond my embrace.
Sorrow's journey is your own.

Tears of grief
Tears of anguish.
How I long to rescue you from days of gloom,
But a somber forest stands between us.
This sojourn has your name,
I cannot pass through it for you,
Only you can journey through.

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