



# The Volunteer's Voice

## Julia's Jabber

Welcome to our new president Barak Obama! Well, the parties are over and Obama must all ready be exhausted! But his work is just beginning. What a huge job he has in so many different areas. God help him to stay strong and keep his focus! As he said in his inaugural address it is also up to us as good citizens to get on board and help get the job done.

On the local front, we have more volunteers, students who want to make a difference, joining our ranks. We welcome them and their enthusiasm. And of course for you old-timers, I'm so glad you are here. Thank you.

Also, I want to let you know that Vi Shillington is *still* on the mend. She has had numerous surgeries to fix her wrist. Hopefully, she will be on the golf course again soon. Our prayers are with you Vi. God Speed.... And also we are happy that Joan Brady is recovered and is back to her volunteering. Way to go Joan!

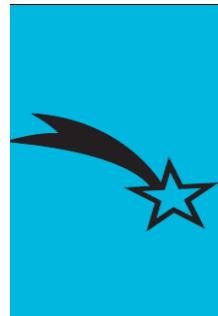
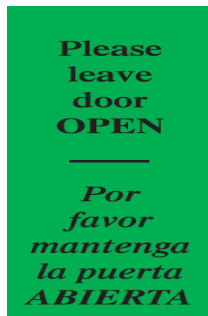
## You Should Know

As we are moving into 2009, Doctors Hospital continues its efforts to improve patient safety and care.

There are some new signs that would be placed on the patient's door and the door frame. These signs are very important for patient's comfort and safety. We are conducting Patient Care and Safety Training during the first week of February for volunteers. All volunteers with patient contact are required to attend!



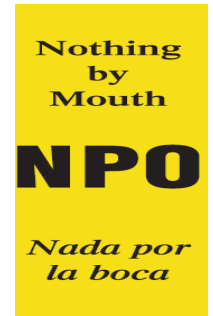
**Patient Request**  
privacy, quiet, etc.



**Alert**  
Patient is at fall risk .



**Alert**  
Patient had a fall.



**Restriction**  
No food or drink



**Warning-speak with nurse first**  
Clinical precautions, no visitors.



81/2 x 11 door sign is available for situations where RN determines there are other special considerations and a larger sign is needed.



**Patient has a special need**  
Staff must check chart (deaf, hard of hearing, blind).



**Isolation**  
Volunteers are not allowed to enter.

**FOR SEMI PRIVATE ROOMS MAGNETS ARE PLACED on left side for window bed, and on right side for door bed when facing patient's door.**





### Reminders of Annual Volunteer Updates

Volunteers whose names appear below, please see Julia for proper forms, etc. to update your records. THANKS!

- Lilliam Arguelles
- Asha Ballmick
- Maria Cauley
- Virginia Contijoch
- Tomas Matamoros
- Andrea Murzello
- Guillermo Salinas
- Lilibet Sosa

### NOTABLE DATES AND CELEBRATION

### HAPPY BIRTHDAY



- Barry Baroudi 2-08
- Erica Barrios 2-15
- Chris Kuligowski 2-24
- Courtney McCune 2-26

### DOCTOR'S CONUDRUM



How long would it take a half-mile train going one mile a minute to go through a two-mile tunnel?

### As this publication goes to press...



#### This is the month for LOVE.

February 14th, Valentine's Day is a day to express your love: send a card; buy some candy; or throw a kiss! Let that someone know you care.

Also this month, we celebrate President's Day on the 16th and Ash Wednesday on the 25th. The beginning of Lent is a momentous event for the faithful. And of course the beginning of Obama's term of office on January 20th is huge as well as historical. What a celebration! YES WE CAN!

We can't forget February 2nd as well...Groundhog Day determines the length of winter, and to many people that is really important! It would take two and a half minutes to get through. Actually, we have had a colder winter here and let see what the groundhog thinks about that!

### THINGS WE DON'T WANT YOU TO MISS

This month there are lots of dining specials for you to enjoy with your loved ones. Check the newspapers for the specials at the restaurants you enjoy.



How many of you have enjoyed one of the paperbacks from the volunteer office? There are so many to choose from, help yourself and borrow a novel. Reading can be one of the most relaxing activities and it takes you away into another place for awhile. Just think traveling with out the hassle of luggage! You can go on so many new adventures.

Also, have you been to the Arsht Center yet? It is in full swing now with something for everyone. Plays, music, and just about all the culture anyone would want. Go ahead and make the drive downtown to enjoy an evening of culture.

In addition to appreciating art at the Arsht Center, Coconut Grove is holding their annual Arts Festival on February 14, 15, and 16th. It is the perfect place for the family to a touch of art, food, and time together.